



PART OF THE SYSCO GROUP

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## SAFEGUARDING & WELLBEING BULLETIN April 2024

### Welcome to the latest issue of Sysco's Safeguarding & Wellbeing Bulletin.

This bulletin is published to keep everyone working with the Sysco group up to date with policies and key changes. Alongside ensuring safeguarding, wellbeing and prevent is at the forefront of our day-to-day practice. Our bulletin includes news and links to information and resources which we hope you will find of some use. In this issue:

- Training and Development
- Key Awareness Days
- Policy Updates
- In the News
- Radicalisation & Extremism



#### Safeguarding Team

If you have any questions or would like to suggest additions to the next issue, please do not hesitate to contact our Safeguarding & Prevent Officers:

Nadine McEnuff (Designated Lead Safeguarding Officer) 07841929960

Sally Morgan (Designated Safeguarding Officer) 07778 362404

Liam O'Brien (Designated Safeguarding Officer) 07483 107775

Kelly Austin (Designated Safeguarding Officer) 07732 498 733

#### Mental Health First Aiders

If you would like any support and guidance in relation to Mental Health, you can contact one of our Mental Health First Aiders:

Lisa Hill 07841 929957

Steve O'Rourke 07834 001170

Kelly Austin 07732 498733

### Training/Resource Update:

**Upcoming FREE training courses:**

**Liverpool CAMHS** – There is an expansive selection of topics on offer from self-harm, body image, introduction to eating disorders, managing anxiety and stress, low mood. For full update on training courses [Training - Liverpool CAMHS](#)

**The National Cyber Security Centre** has a free course for all on cyber security which covers phishing, passwords and protecting your device, check it out here; <https://www.ncsc.gov.uk/training/v4/Top+tips/Web+package/content/index.html#/>

### Key Dates

There are numerous key awareness days, here are just a few:

- Mental Health Awareness Week takes place on 13<sup>th</sup> May 2024, refer to link; <https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week>
- Dementia Action Week takes place on 13<sup>th</sup> May 2024, refer to link; <https://www.alzheimers.org.uk/get-involved/dementia-action-week>
- Learning at Work Week takes place 20<sup>th</sup> May 2024, refer to link; <https://www.learningatworkweek.com/>
- Pride Month takes place 1<sup>st</sup> June 2024, refer to link; <https://www.iglta.org/events/pride-calendar/>

## Reporting a Safeguarding Incident?

### The 4 R's to Safeguarding

Recognise..... the signs of abuse



Repond.....to these



Record..... details



Refer..... appropriately



For more information of the types and signs of abuse:  
<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/>

### Safeguarding is Everyone's Responsibility

Are you worried about yourself or someone else and think they or you maybe at risk? If so, you can now also use our reporting function on the website by accessing the safeguarding section:

<https://www.sysco.uk.com/safeguarding/>

<https://www.brighterfutures.uk.com/safeguarding/>

## Policies and Procedures Update

The safeguarding focus team continue to drive forward the organisations Safeguarding and Prevent Strategy. A reminder you can access the updated strategy directly from our websites which are listed below.

We have reviewed and updated our guest speaker's policy and all staff need to adhere to this when inviting in any guest speakers to campuses. As a learner we need to ensure all guest speakers presentation material is suitable, appropriate and we also ensure there are no risks involved to you.

We are growing our mental health support team and following some up and coming training in May we will have several additional mental health first aiders available for all areas of the Sysco group. Once the training is complete, we will update our wellbeing code and send out updated information of our mental health first aiders.

*A reminder on free period products scheme.*

#### Period Products Scheme

The Sysco Group is currently taking part in the Governments free period products scheme, this enables us to provide a range of period products to our learners at no cost. All education sites will be provided with these products, which will be located in the female toilets. If you require to use these products at home you can contact our Lead Safeguarding Officer Nadine McEnuff on email [Nadine.McEnuff@sysco.uk.com](mailto:Nadine.McEnuff@sysco.uk.com) who will ensure you are provided with products discreetly.

Both of our Sysco and Brighter Futures website's contain key information, updates and will be updated regularly with our hot topics that are produced to raise awareness on key issues. Check out our updated websites:

[www.sysco.uk.com](http://www.sysco.uk.com)

[www.brighterfutures.uk.com](http://www.brighterfutures.uk.com)

## In the news

**Cybersecurity;** There has seen a recent increase in fake QR codes for example at car parks. The rising popularity of QR codes has created a new and easy opportunity for criminals to scam victims by duping them into: Accessing fraudulent or fake websites. Downloading malware onto their device. Providing sensitive information such as login credentials and bank details.

What is the meaning of phishing, smishing, vishing and quishing?

**Phishing** - a malicious email encouraging you to click on a link with the aim of collecting your details or downloading malicious code.

**Smishing** - a text message (SMS) to encouraging you to click on a link with the aim of collecting your details or transferring you to a fake website.

**Vishing** - an unsolicited telephone call to collect your details or defraud you.

**Quishing** - a fake QR code diverting you to a fake website or some other fraudulent link.

Information about quishing can be found here: <https://www.saga.co.uk/saga-money-news/car-parking-scams>



# Radicalisation and Extremism

On 14 March 2024, the government announced a new definition of extremism. The scope of the definition applies to UK ministerial central government departments only, so education settings are not currently expected to apply the principles, or to change how they currently safeguard learners from radicalisation and build their students' resilience to extremism. In the meantime, it is advised that we continue to use our existing guidance and resources so that we can support to help both learners and staff from at risk of radicalisation.

Some of the key focus areas at the moment;

- Filtering and monitoring systems a focus, are they robust? At the Sysco group all our IT equipment has robust and effective filtering and monitoring in place to ensure no inappropriate sites or material can be accessed. As relayed from our regional prevent coordinator online extremism remains a high concern.
- Any organisations need to be carrying out a due diligence for speakers or guests and carrying out open-source checks.
- Going forward regional prevent coordinators will be running online facilitated training, specifically for designated safeguarding leads. Once this is finalised, we will ensure all our safeguarding officers receive the necessary updated guidance.

## What do we do at Sysco group to raise awareness of radicalisation and extremism and the risks?

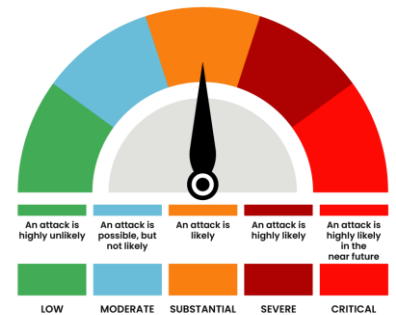
- Our Safeguarding and Prevent Strategy outlines our key principles in promoting the safety and welfare of all staff and learners. It also details the indicators to for if you suspect someone is being radicalised with support links. You can access our strategy on our websites listed on the 1<sup>st</sup> page of this bulletin.
- We share hot topics on a monthly basis. We cover an expansive range of key areas including radicalisation and extremism.
- Within your induction and enrichment sessions key topics are discussed in order to raise awareness further and we also look for further opportunities to explore this at for example your one-to-one reviews or within discussions in the classroom.
- We are currently in the process of liaising with local police areas to establish the local area risks so that we can advise and support learners who are attending education with us. A vast majority of our study programme campuses have had local police attend as guest speakers to advise staff and students what the local risks are. From a leadership perspective we are currently pulling together a tracker to record and monitor this and will also be looking at further developing hot topics to match local area issues - watch this space!
- We are in regular communication with regional prevent coordinators who share key information, provide support and advice and chair networking meetings. This information is shared and discussed with all members of our safeguarding and prevent focus group and applicable actions are taken forward.

**The bottom line is if you were asked now could you describe what radicalisation and extremism is? What would your response be? Consider asking a peer or colleague to see each other's response!**

**Radicalisation** is the process through which an individual or group develops extreme political, social or religious beliefs. **Violent extremism** is when a person or group uses fear, terror or violence to try and achieve change.

## Do you know what the UK current threat level is?

The UK current threat level is substantial, meaning an attack is likely. The main threats to national security are terrorism, espionage, cyber threats and the proliferation of weapons of mass destruction, many of which impact on the UK's national infrastructure. The threat levels are decided from a range of information including available intelligence, terrorist capabilities and intentions and timescales.



Download the ProtectUK App and get alerts, news updates and actionable counter terrorism guidance on the go.

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**ProtectUK** provides businesses and the public with counter terrorism support and guidance to effectively protect and prepare. The ProtectUK app is free to download to your mobile and provides an expansive or range of information from action card (advice on what to do), first aid, incident reporting and awareness information. The app is free and an informative resource.

**If you are concerned or suspect someone is being radicalised, contact a member of the safeguarding team, contact details are on the first page of this bulletin**

**ACID ATTACK** 

**IMMEDIATE STEPS**

**Tell those affected to:**

<p>1 </p> <p>REMOVE themselves from the area</p>	<p>2 </p> <p>Call 999</p>
<p>3 </p> <p>REMOVE outer clothing if affected by the substance</p>	<p>4 </p> <p>Avoid pulling clothing over the head &amp; do not pull off clothing stuck to skin</p>
<p>5 </p> <p>REMOVE the substance from skin using dry absorbent material</p>	<p>6 </p> <p>Rinse continually with water if the skin is itchy/painful</p>



**BOMB THREAT** 

**IMMEDIATE STEPS**

<p>1 </p> <p>Stay calm and listen carefully</p>	<p>2 </p> <p>Write down as much detail as possible using the bomb threat checklist</p>
<p>3 </p> <p>Keep the caller talking and alert a colleague to dial 999</p>	<p>4 </p> <p>Note the number of the caller, otherwise, dial 1471 after the call</p>
<p>5 </p> <p>If the threat is a recorded message, write down as much detail as possible and keep it safe</p>	<p>6 </p> <p>If the threat is received via text message, do not reply, forward or delete the message</p>



**UNATTENDED & SUSPICIOUS ITEMS** 

**IMMEDIATE STEPS**

**Confirm – whether the item has suspicious characteristics**

<p>1 </p> <p>Has the item been deliberately hidden?</p>	<p>2 </p> <p>Is the item obviously suspicious? E.g. visible wires</p>
<p>3 </p> <p>Is the item typical of what you would expect to find in this location?</p>	<p>4 </p> <p>Ask if anyone nearby has left the item</p>

**If you believe the item represents a possible risk to life**

<p>5 </p> <p>Clear the immediate area, control access to cordon and do not touch the item</p>	<p>6 </p> <p>Call 999 Do not use radios within 15 metres</p>
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**MARAUDING ATTACKER** 

**IMMEDIATE STEPS**

<p>1 </p> <p><b>RUN</b> – To a place of safety. This is a better option than to surrender or negotiate. If there is nowhere to run then...</p>
<p>2 </p> <p><b>HIDE</b> – Turn your phone to silent and turn off vibrate. Barricade yourself in if you can</p>
<p>3 </p> <p><b>TELL</b> – The Police by calling 999 when it is safe to do so</p>

