

# CACHE LEVEL 2 COUNSELLING SKILLS



Aged 19+ at the beginning  
of the academic year



Lived in the EU  
for 3 years



Available  
fully funded

Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge and skills can provide them with support to improve personal well-being.

## Benefits

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers
- Improve your understanding of how counselling skills work
- Further your personal and professional development
- Learn at a time that suits you without the need to attend college

## What you will learn

- Diversity and Ethics in the Use of Counselling Skills
- Introduction to Counselling Skills Theories
- Counselling Skills and Personal Development
- Using Counselling Skills